

THINKING ABOUT QUITTING SMOKING?



YOUR PHARMACIST CAN HELP!!

Your pharmacist is specially trained to help you with quitting tobacco. Work with your pharmacist to create an individualized program that could include:

- Support while changing behaviors
- Counseling
- Nicotine replacement therapy
- Prescription medications

These services are available for cash pay or may be covered by your medical* insurance. Ask your pharmacist how they can help you make a quit plan and improve your health. Ask your pharmacist to learn more, or register online at your pharmacy's website to get started today.

*Medical insurance is different from what your pharmacy already has on file for you. Please bring your insurance cards with you to your appointment.